



Meet Prof. Pablo Echarri

Dr. Pablo Echarri is a distinguished orthodontist renowned for his pioneering work in lingual and invisible orthodontics. Graduating with a DDS from the University of Montevideo in 1981, he has since dedicated his career to advancing orthodontic practices.

Dr. Echarri's contributions to the field are substantial. He has developed several innovative techniques, including the Custom-made Straight Wire (CSW), Progressive Stripping Technique (PST), and the PTMA (Plan, Treat, Monitor, Activate) philosophy.

These methodologies have significantly enhanced the efficacy and comfort of orthodontic clear aligners. His expertise is further reflected in his authorship of over 170 scientific articles and 17 books, such as 'CA® CLEAR ALIGNER Advanced,' which serve as key resources for orthodontic professionals worldwide.

Beyond his clinical and academic endeavors, Dr. Echarri has held prominent positions in various orthodontic societies. He served as President of the Sociedad Iberoamericana de Ortodoncia Lingual (SIAOL) from 2001 to 2013 and was the sixth President of the European Society of Lingual Orthodontics (ESLO) between 2002 and 2004. He also chaired the 3rd International Congress of the World Society of Lingual Orthodontics (WSLO) from 2007 to 2009.

Dr. Echarri's commitment to education is evident through his role as Head of the Master of Orthodontics and Dentofacial Orthopedics at the Athenea Dental Institute. He is also a sought-after lecturer, sharing his knowledge at courses and conferences across the globe, including countries like Germany, Argentina, Australia, and China.

In recognition of his significant contributions to dentistry, he was awarded the Saint Apolonia Medal by the Col·legi d'Odontòlegs i Estomatòlegs de Catalunya in 2014.

Dr. Echarri's career reflects a relentless pursuit of excellence and innovation in orthodontics, making him a leading figure in the field.

Recent Publications

- ◆ **April 2024** : EMG Activity of Craniomandibular Muscles in Subjects with Narrowing Upper Jaw and Posterior Crossbite.
- ◆ **October 2023** : Short-Term Outcomes in the Upper Airway with Tooth-Bone-Borne vs Bone-Borne Rapid Maxillary Expanders.
- ◆ **August 2023** : Changes in Molar Tipping and Surrounding Alveolar Bone with Different Designs of Skeletal Maxillary Expanders.

Notable Books

- ◆ **Lingual Orthodontics | Complete Technique, Step by Step**
Ortodoncia & Microimplantes. Técnica Completa Paso a Paso.
- ◆ **Clear Aligner | Clinical Application and Case Reports**